



Donna Nowak, Dr. Tanya Edwards and Jane Ehrman (*Mother's Day Tea*)



Carol Rossetti, Deborah Dockery, Lynne Szanyi and Michelle Cameron (*Mother's Day Tea*)

Mind Body Spirit Connected

"Mother's Day Tea"

Women of all ages dressed up in spring hats and enjoyed an afternoon tea in honor of Mother's Day to benefit Mind Body Spirit Connected held at Embassy Suites Independence.

The ladies enjoyed a performance by the talented actress and comedian Kathy Dice in her one-woman show "I'm Just Me...the Madonna Simplex" that she wrote.

The talented and dedicated Donna Nowak, executive director of the organization, shared the news that MBSC is in the first stages of forming a partnership with American Holistic Medical Association, which is comprised of more than 700 medical professionals across the country and which Ms. Nowak has recently joined as

executive director. She and administrative assistant Shakirra Jones, who support both organizations, will help MBSC gain the opportunity to support the "transformation from conventional medicine to a holistic model across the country." It will be a win-win situation for both organizations, she said.

MBSC has been educating the public about complementary and alternative medicine and a holistic approach to healthcare for more than six years through its programming efforts including a speaker's bureau, educational and networking programs, newsletters, referrals and the publishing of a directory, according to Ms. Nowak. STORY AND PHOTOGRAPHS BY SALI McSHERRY